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Canadian Alliance for Healthy Hearts and Minds

The Canadian Alliance for Healthy Hearts and Minds or 'The Alliance' for short, is a landmark national research study aimed at understanding the causes and the development of chronic diseases such as heart disease, stroke, dementia and cancer. From 2013-2017, approximately 9,700 participants, aged 35-69, from across Canada will be invited to participate in the Alliance and will undergo measures, including an MRI scan, provide blood samples and detailed information about themselves and their environments, and agree to have their health followed.